Swindon Room for All Hosting Scheme





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How do I become a Host?

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First read through this hosting guidebook which will give you and your family lots of information about hosting.

Secondly, talk through the implications of hosting with your family and make sure your children and any other adults living with you are "on board" and in complete agreement with hosting, before you go further with your enquiry. It is good to explain to them why your potential guest has nowhere else to go.

Then get in touch with **Room for All Hosting**. We will take your details and ask you to complete an initial application form.

We will then arrange to meet with you to discuss the hosting process and what you feel able to offer. We will also take character references and complete DBS checks to ensure your suitability as a host.

When homeless refugees, vulnerable migrants and asylum seekers are referred to us we will meet each person before placing them with a host. We will not place people with known alcohol or drug problems, with aggressive behaviour, serious criminal convictions or severe mental health problems.

We will then contact available hosts by phone or email to ask if you are able to host someone.

Room for All will make an initial match for hosts with a guest and will talk with both parties individually.

We will then arrange a meeting in a neutral location where a simple contract will be signed to ensure your guest understands their living arrangements and how long they can stay. We will try to ensure that these and all expectations are made clear and explicit from the outset.

We will call the host and guest individually during the first few days and weeks of a new hosting situation. This allows both host and guest to privately discuss any concerns they have with the placement and to avoid any larger issues or concerns from developing.

If there is anything you'd like to discuss further with us, please do get in touch:

Email: info.roomforall@gmail.com Tel: 07903167080

Why are there asylum seekers and refugees in Swindon?

In 1999, a new law was passed across the United Kingdom designed to reduce the concentration of asylum seekers and refugees in London and the south east. Swindon has become one of the south west's 'dispersal towns'. The asylum seekers have no choice over which town or city they are 'dispersed' to. Most asylum seekers are dispersed to Swindon from Cardiff.

What is the need?

An asylum seeker or refugee is a person who has fled their home country due to persecution or well-founded fear of persecution, for the reasons of race, religion, nationality, membership of a particular social group, or political opinion. One of the most visible examples is the millions of Syrians who have fled civil war over recent years, or Eritrean nationals fleeing the military dictatorship. Many asylum seekers endure months of dangerous sea and land crossings to get to countries who are signed up to the UN convention requiring them to give protection to genuine asylum seekers.

The UK has a long history of giving sanctuary to people fleeing persecution and our system is meant to ensure that these people are treated with humanity and fairness. However, every year thousands of refugees and asylum seekers find themselves in situations of destitution in the UK. Destitution can affect people at all stages of the asylum process.

Asylum Seeker

An asylum seeker is someone who has arrived in the UK and has put in a claim to the Home Office to seek safety here. Destitution can occur when people first arrive, or when they are waiting for an outcome on their asylum claim. Asylum seekers are not allowed to work and may experience difficulties or delays accessing asylum support.

Failed Asylum Seeker

A failed asylum seeker is someone who has had their asylum claim refused. Government support is then withdrawn. They could be too fearful to return home or their country may no longer recognise them as a citizen of that country. Even for those that agree to return home limited support is available to make that journey. Therefore, many failed asylum seekers fall into destitution.

Refugee

A Refugee is a person who has been granted legal permission to stay. However this is an insecure time, as once granted the right to remain in the UK they receive a letter from the Home Office stating that they must leave their current accommodation after 28 days. Within that same amount of time any asylum support (benefits) are stopped. Unfortunately this is not enough time to obtain vital documents such as a BRP (ID) cards, national insurance numbers etc. to enable them to find work let alone open a bank account. Without enough time to find alternative accommodation many are left destitute.

People can often reach the end of the asylum process without having their protection needs recognised. This is because decision making by the authorities is not always as robust as it could be and asylum seekers often struggle to access good legal advice to present the claims to the Home Office. According to Home Office statistics for 2015

53% of asylum seekers were refused permission to remain in the UK on their initial asylum submission. But around 63% of refused claims go to appeal and some 38.2% of these appeals are upheld¹.

Destitute, refused, asylum seekers often have to rely on the kindness of friends and the support of community, faith and charitable organisations. In many cases people end up street homeless, sofa-surfing or living in overcrowded conditions. Destitution can make people vulnerable to exploitation and lead to physical and mental health problems.

What is the Room for All Hosting Scheme?

The idea of a hosting scheme is not new and there are networks all over the UK. NACCOM (The No Accommodation Network) started a hosting scheme in Manchester and now provides support and advice for hosting schemes across the UK. Room for All is part of the NACCOM network.

Room for All Hosting has been set-up by **Swindon City of Sanctuary**. Our aims are to promote a culture of welcome, support and inclusion for all who live in Swindon but with a focus on those seeking sanctuary. We work closely with the charity The Harbour Project who run a drop-in centre and provide support, advice and friendship for asylum seekers and refugees living in Swindon.

Room for All Hosting aims to match those who are homeless and without recourse to public funds or who are waiting for benefit decisions, with hosts who can offer a spare room in their own home. The hosting scheme aims to support both the host and the guest by providing a clear plan stating an agreed time frame and action points to ensure the guest stays on track in finding alternative accommodation. This is to make it clear for the both the host and guest that it is only a temporary arrangement.

What does a Volunteer Host do?

A Host is someone who generously accommodates a refugee or asylum seeker in their own home. This is usually in a spare room.

It is up to the host to decide how long they are willing to accommodate someone. This could be for just a few days – or considerably longer. You can always decide to extend the period of time you are offering if things are going really well, but we recommend always making it clear when the arrangement is due to end.

We aim to be as flexible as possible. You can decide your own living arrangements with your guest, including whether or not they can have a key and if they can be home during the day alone or should be out of the house during certain hours. If you go on holiday or ever need a break we can try to arrange another host to cover for you (but please give as much notice as possible). If you need your room back suddenly, Room for All may be able find an alternative host/room for the guest.

We will support you throughout the process. Here are some useful guidelines for hosts which will help you and your family decide if hosting is the right option for you. If you have any questions or concerns, please do get in touch.

¹ House of Commons (2016) Briefing Paper, <u>Asylum Statistics</u>

Hosting Guidelines

Cultural awareness

Culture can encompass many different aspects of a person - language, beliefs, values, customs, communication styles and food, to name but a few. Our cultural identity can also involve negotiating a mix of values, norms and lifestyles associated with the different groups that we belong to or spend time with.



It's most likely that your guest will have a different cultural background from you, but rather than viewing this as a challenge to the relationship, it is important to recognise that the very activity of hosting offers the opportunity to counteract prejudices and gives both of you the opportunity to learn about different ways of life. Many hosts go on to report that they find it an enriching experience

In your relationship with your guest, try to be both culturally curious AND culturally sensitive. Try to be open to learning and appreciating both your differences and similarities so that you can learn from each other. Try to use these simple steps in your hosting role, regardless of how similar or different your culture is from that of your guest:

- Accept that your way may be right for you, but might not be right for your guest based on sets of internalised values, ethics and customs
- Be honest when examining your own prejudices and stereotypes
- Try to identify how common biases can come into being and the history that surrounds these
- Understand the common threads that can bind people together such as a shared vision of poverty reduction use these threads to help overcome cultural barriers

We are often unaware of how culture shapes us as it's intrinsic to our being – when confronted with another culture we may feel a bit uneasy. It's okay to feel like this as long as you understand that this discomfort may simply be from our own belief and value system being challenged with a different system. Use the opportunity to reflect these differences, and try to understand their point of view even when it goes against your own experiences and ideas.

Also try to consider these cultural differences when meeting with your guest initially;

Greetings: Some cultures do not greet each other with a handshake or offer a soft handshake rather than a firm one. Pausing briefly to allow someone to lead the

greeting is a good way to learn their norm for saying hello. Also, some avoid using first names upon meeting people for the first time and use Mr or Ms – let them know how you prefer to be addressed e.g. first name etc. Also remember it is fine to ask them how they would like to be addressed by you – you don't have to guess at this.

Religious: There are many differences that may need discussion e.g. how food is prepared, how people observe prayer times and religious festivals. Try to not assume things – it is fine to ask. Room for All may also be able to offer guidance.

Body language: For example, some cultures may avoid direct eye contact. It may be advisable to avoid too much direct eye contact with those that appear uncomfortable with it.

Language: Remember that your guest may not speak English as a first language. Sometimes they may use words or phrases inappropriately by mistake; this may seem offensive or give another meaning than intended. Always clarify things before jumping to conclusions about something that was said. Remember, 70% of communication is non-verbal, it is remarkable what can be communicated without words!

One simple example: some languages don't distinguish between the verbs 'to listen' and 'to hear' as the English language does – your guest might say over the phone 'are you listening to me?' which may sound a bit rude in English, when they may simply have meant to say 'can you hear me?' if the phone connection isn't very clear.

Remember, best practice is always to be **open**, **honest** and inquisitive rather than make assumptions – it may even be that people have fled their country of origin because they were persecuted after they broke established cultural norms and behaviours.

Ask them if there are places or activities that they do not want to go to or do, ask them about times to complete different household activities for both of you, ask if you think you've misunderstood something they've said etc.



How well will my guest fit in?

You may be 'culturally challenged' by hosting someone. It is unlikely that your guest will be used to doing things exactly the way you do, especially if they come from a different culture and climate, and even more if they have not been in the UK for long! However, since it is your home, you can set the parameters and we suggest that you do this explicitly – rather than expecting them just to know.

We recommend setting simple house rules e.g. about mealtimes; use of the bathroom, washing machine, TV; when you want quiet; definition of guest's space; where you want bags etc. to be kept. It is also good to set the parameters regarding visits from friends, so there is no misunderstanding.

If you would like your guest to contribute, along with the other members of your household, to the daily household tasks then please explain this to the guest before

they move in. Some guests will like to think that they can contribute something in return for your hospitality, so don't be afraid to say 'yes' if they offer!

Do I have to cook for my guest?

It is completely up to you. If you would like, you can cook for them or share the cooking or cook for them only occasionally. If you are eating together you will want to find out if there are foods your guests do not eat (e.g. most Muslims will not eat pork).

Alternatively, you can let your guest cook all their own food. If your guest needs help accessing food, do let us know and we will liaise with The Harbour Project to help resolve this.

If you are sharing your kitchen you will want to clarify when you need space to cook and how soon after cooking you like to tidy away. For many cultures the concept of sharing another person's kitchen takes a lot of getting used to – as does the concept of "helping yourself" – don't be surprised if your guest simply doesn't!

Do I have to give my guest a key?

Again, you can decide this for yourself. It is reasonable to expect your guest to leave the house when you go out, at least for the first few days. If and when you give them a key is entirely up to you, but you do need to consider a couple of things: If you want them to leave early in the morning, do they have somewhere they can go? Also, if you are often out in the evenings, will it be easier to let them have a key?

Do not feel obliged to leave strangers in your home alone. During daytime there is often a library open or they may be able to visit the Harbour drop-in centre. Your guest may also get involved in other activities that local organisations run and we may be able to get help with travel for the guest to take part in community activities. However, unless you are open to trusting your guests, the placement may not work too well in the medium to long term.

Will hosting mean I have to pay additional costs?

Having a guest should not be expensive – but it may add to your living costs if you are a long term host. If your property is rented, you may have to pay extra for an additional person. If you are a single person household, your council tax could go up if you have someone for more than three months.

Incidents of theft in hosting schemes are extremely rare, but you may want to check your insurance policy just in case. For this purpose the person you are hosting can be defined as 'guest'.

Should I give money to my guest?

Please do not be tempted to do this! It sets precedent that you will help financially again and also means different individuals will have differing amounts of support available. If your guest has ongoing financial difficulties, please raise the matter with Room for All Hosting who may be able to advise on other options.

PROFESSIONAL BOUNDARIES

As a volunteer, you have a responsibility to maintain a professional attitude and adhere to clear boundaries. This will ensure that your voluntary role is not jeopardised in any way and allows you to carry out your responsibilities appropriately. It also ensures that we are able to provide an equal level of service to all users, protects both hosts and quests in their roles, and protects the integrity of the project as a whole.

When performing your volunteer duties, please adhere to the following guidelines:

- 1. Be clear to the person you are working with that you are performing your duties as a volunteer to ensure that the working relationship is not misread or confused.
- 2. Do not engage in any inappropriate sexual innuendo or behaviour. Also be aware of how people can misinterpret behaviour.
- 3. Do not accept gifts from users if this could be interpreted as being given in return for preferential treatment. Where it is difficult to refuse a gift, please contact Room for All for guidance. See 'Gift Giving' section below.
- 4. Respond to any inappropriate behaviour immediately and seek guidance from Room for All Hosting.

Gift giving

Gifts are given for many reasons, and forbidding it can actually be harmful to a relationship. Nonetheless there are some concrete rules that need to be followed when it comes to accepting gifts. Cash gifts should **never** be accepted.

The following elements may be used to assess the appropriateness of the gift:

<u>Personal gain</u>: relative value to the giver and recipient.

<u>Intent</u>: was the gift solicited or coerced? Is there an expectation of different care or support after receiving a gift?

<u>Cultural/religious factors:</u> Was the gift given for a particular occasion where gifts are given as the norm?

Talking about Asylum

As refugees and asylum seekers, guests have fled their country of origin because they felt unsafe and feared persecution. Some have left family and friends behind, lost out on educational or employment opportunities and/or experienced conflict and trauma.

You may find that your guest is reluctant to talk about their home or how things used to be before they came to the UK – or you may find the opposite as they enjoy talking about their lives even if this touches upon difficult memories. **Don't make assumptions** – each person is different and experiences the asylum process in their own way. It is important to let your guest set the boundaries around their personal

situation and history. The role of a host is to provide a safe place for guests to be sheltered, clothed and fed and is NOT necessarily to be a friend or mentor.

Will I need to help my guest with their asylum or immigration case?

You should not get involved with your guest's case. There are strict rules around helping with immigration cases and it protects you if you do not get involved. If they would like advice they should arrange to see a specialist agency – we can help to refer them if necessary. These specialist agencies may be able to help them to gather fresh evidence to submit a new asylum claim. They may also be able to help pay bus fares to solicitors or for hospital appointments, so please encourage your guest to seek assistance from relevant agencies (or Room for All Hosting can help signpost where help might be available). Experience in hosting schemes is that, often, just the fact that someone at last is offered a safe environment enables them to go on to make a successful claim for refugee status. As soon as they are granted this they can enjoy the same rights as other citizens to work and to receive benefits and accommodation. In this way hosts often enable guests to turn their lives around – just by providing a port in a storm.

Will my guest need a lot of emotional support?

Some guests may be very independent and fit in straight away. However, many asylum seekers who have just become destitute are often in a great deal of shock. Depression is also common due to traumatic past experiences and their experience of the asylum system. Please try to understand - it may take your guest a while to learn to trust you and they may not want to talk much until they become more comfortable with you. Try to encourage your guest to keep active. They may want to join in English classes or could volunteer for a charity shop or project. If you are worried about your guest please get in touch with us or encourage them to see a GP.

If you do not have much time available to socialise and interact with your guest, please do not feel this is a barrier to being a good host, as there are other projects and forms of support we can refer your guest into. For instance, The Harbour Project run various workshops and activities and Swindon City of Sanctuary will have information on volunteer placements, skills training and recreational activities that are available for free to help your guest integrate into the Swindon community.

What if my guest needs to see a doctor?

Asylum seekers are entitled to access all NHS healthcare services, free of charge, whilst their asylum applications are under consideration. People cannot be refused registration because they are an asylum seeker. If someone's asylum application has been fully refused but they are unable to return home they can still receive the following without charge: GP and emergency hospital treatment, NHS dental treatment, sight tests and prescriptions.

To register with a doctor people are usually asked to complete a form giving their basic details. Some surgeries will also ask for photo ID and proof of address. Your guest will need a valid HC2 form in order to be exempt for paying for their prescriptions. If your guest does not have a HC2 form they will need to complete a HC1 application.

Call us if your guest needs assistance with this as we can refer them to The Harbour Project who are experienced in helping asylum seekers access services. If your guest has serious medical problems take them to casualty or call an ambulance.

What if I have problems with my guest?

We suggest that host and guest agree an initial trial period of up to two weeks for the placement. After this time you may well have formed a good relationship and be happy for your guests to stay, but this gives you and them the option for change. We will also call the host and guest individually during the first few days and weeks of a new hosting situation. This allows both host and guest to privately discuss any concerns they have with the placement and to avoid any larger issues or concerns from developing. If an issue does arise, we recommend that you talk this through with your guest and try to come to an agreement. If this is unsuccessful please get in touch and we will try to mediate to resolve the issue, or help bring the Hosting relationship to an end if necessary.

What if I want my guest to leave before the arranged time?

You can terminate the hosting arrangement at any time, but it would be helpful to let us know in advance so that we can try to make alternative arrangements. We understand that circumstances change, and that it can be draining to be a host long term, so don't feel guilty if you need to do this.

Ending a hosting relationship

Support will be provided from Room for All Hosting team throughout the hosting relationship, but paying particular regard to the ending of a hosting relationship. Sanctuary Hosting will always look to support you where possible to move a guest to another host. Sometimes two or three hosts may work together on supporting one destitute individual so as to provide respite support to one another. We encourage and can facilitate hosts meeting one another, if they wish to, to share good practice and support one another. All guests will be moved on at the end of the agreed time period, unless both the host and guest wish to continue for a longer period of time.

I feel helpless

When listening to the gravity of problems your guest is facing, it may be difficult to see how much your support can make much impact.

Remember that your guest is in a very difficult situation – if they are an asylum seeker they are essentially in 'legal limbo' and don't know when their situation will be resolved. You can understandably feel helpless in this situation, but it isn't your responsibility to resolve this issue. Sometimes there are no easy answers, and a listening ear and a chance to be heard and understood is what is needed. By providing a home you are already making an immense difference, preventing homelessness from adding to their difficult situation.

Should you be dealing with difficult circumstances in your own life, and/or the circumstances that your guest has related to you weighs heavily on your mind, then please talk to us. We can offer a listening ear and help find solutions or coping strategies for you.

What to do in an emergency

Room for All is not an emergency service. If you have an emergency then please contact the emergency services in the usual way. We are happy to offer support and guidance to the best of our ability but please understand that although we will aim to arrange this as soon as we can this could take a few days.

Guest Referrals

All referrals of potential guests are reviewed on a case by case basis. We cannot guarantee that a place will be available. We also reserve the right not to place a referral in accommodation.

Confidentiality & Room for All Hosting Scheme Policies

Hosts are considered volunteers and are responsible for adhering to all Room for All policies and procedures. Hosts will also be expected to sign a confidentiality agreement once approved. All personal or sensitive information about guests, other hosts or anyone else within the Room for All Hosting Scheme is considered confidential, and cannot be shared with an outside third party without express consent of the individual. Care should also be taken to ensure that individuals within the scheme know what information is being shared about them within the organisation between hosts, guests and employees/ other volunteers, and that this is limited as much as possible while still allowing for the agreed upon services to be provided at the highest level of quality possible. Once approved, host(s) will receive further information and training on Room for All Hosting policies and best practise.

DISCLAIMER

Please note that, whilst Room for All will make every effort to ensure that hosting is a positive experience for all concerned, it cannot accept any liability for private arrangements made between host and guest. We are mainly volunteers, so responses to concerns or questions will not always be immediate, though we will do our best to reply in a timely manner.

Useful Local Contacts

Room for All Hosting Scheme: Sarah Brunksill, Hosting Coordinator for Swindon City

of Sanctuary: 07903167080

Local contacts:

The Harbour Project: St Luke's Hall, Broad Street, Swindon, SN1 2DS. info@harbourproject.org.uk Office: 01793 611 682 or Drop-in: 01793 611 682

Swindon Food Bank: St John's Church Hall, Whitbourne Avenue, Swindon SN3 2LG. mobile on 07932 108732 or their registered offices based at the Restore shop on 01793 978045.

Further information and resources on refugees, asylum seekers and the effects of destitution:

British Red Cross - http://www.redcross.org.uk/What-we-do/Refugee-services Destitution Report, 'Not gone, but forgotten' (June 2010) http://www.redcross.org.uk/About-us/News/2010/June/New-report-calls-for-end-toasylum-seekers-destitution

Information Centre about Asylum and Refugees - http://www.icar.org.uk/ Destitution Briefing

http://www.icar.org.uk/6575/briefings/destitution.html

Homeless UK - http://www.homeless.org.uk/migration-project Homelessness among Migrant Groups: A Survey of Homelessness and Refugee Agencies across England (March 2010) http://www.homeless.org.uk/sites/default/files/Migrants%20and%20Homelessness%2 Oreport_March_prm.pdf

Refugee Action - http://www.refugee-action.org.uk/
Destitution in the asylum system in Leicester (June 2009)
http://www.refugeeaction.org.uk/information/documents/RALVSFReportfinal_lores-web.pdf

The Destitution Trap: Research into destitution among refused asylum seekers in the UK (November 2006) http://www.refugee-action.org.uk/campaigns/documents/RA_DestReport_Final_LR.pdf

Refugee Council - http://www.refugeecouncil.org.uk/ Chance or Choice? Understanding why asylum seekers come to the UK (January 2010) http://www.refugeecouncil.org.uk/Resources/Refugee%20Council/downloads/rcchance.pdf

Further submissions and access to asylum support (July 2010)

 $http://www.refugeecouncil.org.uk/Resources/Refugee\%20Council/downloads/policy_responses/10\%2008\%2020\%20Advocacy\%20briefing\%20on\%20further\%20subs\%20and\%20destitution.pdf$

Oxfam - http://www.oxfam.org.uk/

Coping with Destitution: Survival and livelihood strategies of refused asylum seekers living in the UK (February 2011)

 $http://www.oxfam.org.uk/resources/policy/right_heard/coping-with-destitutionsurvival-strategies-uk.html$