

## City of Sanctuary UK

**Coproduction training** 

#### Coproduction

- Coproduction is a partnership approach
- It is an engagement where it is values, experience and skills that matter, not role positions or structural power
- It is reciprocal relationship
- Decisions are made with experts by experience, not for/ or to them

#### What is it?

- Power-sharing
- Not just sharing experiences, but shaping solutions/ services
- Influencing decision-making
- A more 'active' participation
- An ongoing role for participants
- An opportunity for participant benefits, e.g. skills development

#### What is it not?

- Seeking views
- Decisions made by professionals
- One direction flow of information
- Limited / unknown influence
- A 'one-off' engagement
- Examples include surveys, focus groups, interviews

### Why coproduction?

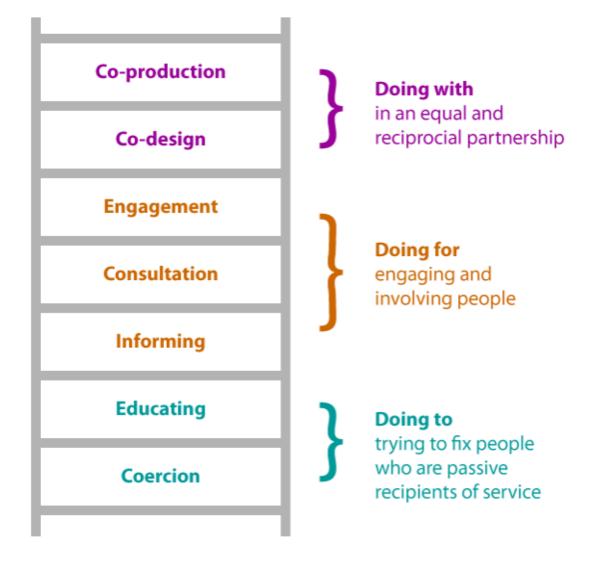
- Increases trust with communities and organisations
- Helps design better services, tailored to actual needs of those receiving services, Identifying service innovation opportunities
- Staff job satisfaction increased connectedness through a new relationship with staff and those receiving services
- **Empowers people**, reducing social inequalities by giving a voice to people whose views are frequently overlooked
- Participants develop confidence, wellbeing and skills
- Contributes to peoples' physical and mental health (Boyle, Clark and Burns, 2006), e.g. through developing social capital and social support networks among citizens and professionals (Boyle and Harris, 2009)
- Strengthening funding proposals / fundraising commissioners and funders increasingly value coproduction

#### What can we co-produce?



- Strategy development
- Leaflet for sanctuary seekers
- Designing new services
- Undertaking needs assessments to bridge gaps
- Evaluating and developing existing services
- Recruiting new members of staff
- Sitting on working/task & finish groups
- Researching topics
- Reviewing policies and procedures
- Supporting decisions at policy, advocacy and fundraising work

#### **Coproduction Ladder**



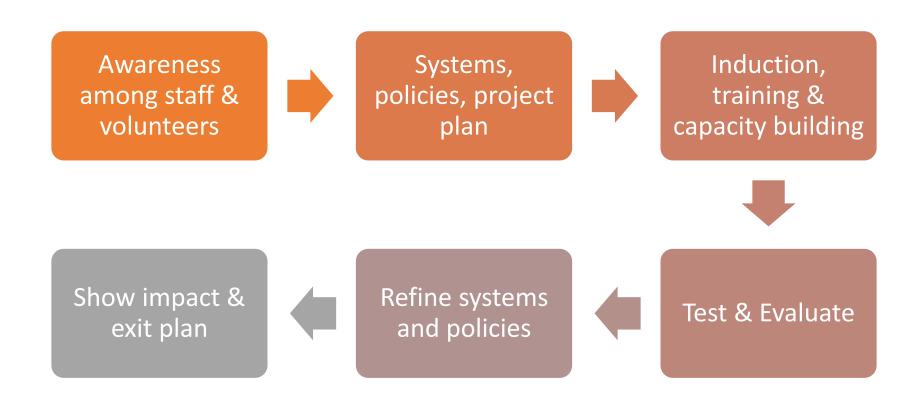
**Figure 1:** 'Ladder of co-production', Think Local Act Personal, 2015

#### Values for good coproduction

Trust Inclusion Reciprocity

Transparency Equity Sharing of power

#### How do we coproduce a project?



# Example: Doctors of the World's journey working with people with lived experience

Establish National Health Advisors group

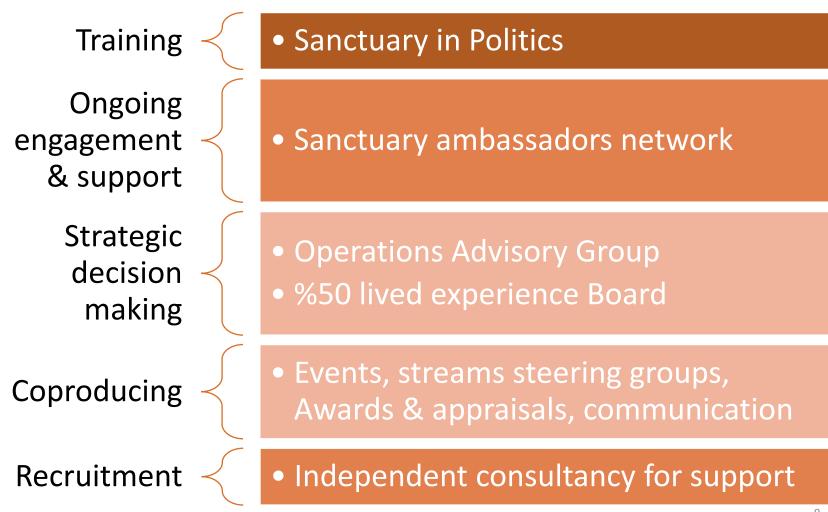
Training programme

Pilot involvement with teams and stakeholders, test outcomes

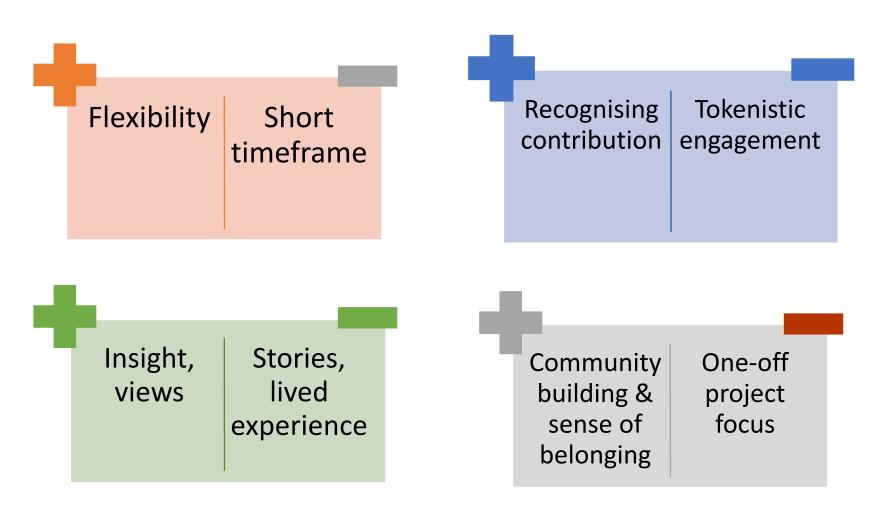
Develop guides and governance documents Steering groups structure to achieve coproduction within DOTW

Agenda setting – Strategic plan Development

# **Example: City of Sanctuary UK Sanctuary Ambassador network**



#### What works? What doesn't?



#### Questions to consider

- What decisions are you making as a group, are they open to influence?
- Who do you want to engage in your group/organisation? Are there any knowledge, skills and/or interests that would make someone particularly suited to this opportunity?
- What preparation support will be provided to Experts by experience?
- What can Experts by experience expect to influence by taking part?
- What can Experts by experience expect to benefit from their involvement? E.g. any particular skills they may develop, training opportunities, references, reimbursement, voucher, being credited in a national report.
- When and how will you give feedback or show the impact of input from Experts by experience?

#### Potential challenges to address

- Experts by experience feel their contribution has not led to any impact review process, guidance, policies, approach
- Experts by experience may not have the skills required to be involved in a project – training
- Experts by experience perceive staff as being in a position of authority during the activity – staff/volunteer awareness
- Conflict or disagreement could arise during discussions ground rules, sense of belonging, instilling respect
- Experts by experience may become upset or re-traumatised during the activity – ongoing wellbeing support by trusted staff/volunteer & signpost to mental health services
- Meaningful co-production can take time it can take longer to work in this
  way and require more staff resource be patient, start small
- Experts are focussed on their own individual circumstances use facilitation tools like fictitious characters, journey mapping, good briefing session with practical training
- Some participants may dominate the conversation facilitation & ground rules